

Patient Instructions for Pre-Surgical Evaluation and Potential Surgery

1. You are being scheduled for a "Pre-Surgical Evaluation".

Based on this evaluation, your retina physician will determine if/when surgery is recommended. If surgery is recommended, your physician will review your specific plan with you.

- 2. <u>If surgery is recommended</u>, the day and time will be communicated to you following your evaluation. <u>Our Surgical Coordinator</u> will review additional details with you, such as your insurance coverage, the location of your surgery, and recovery process. Your surgical facility and surgeon will be determined based on urgency.
- **3.** Retinal surgeries require very specialized equipment in a sterile operating room and cannot be performed in the clinic where you will be evaluated.
- 4. <u>All surgical facilities are located in the Minneapolis / St. Paul area.</u>

If you are traveling from outside the metro, you will need to make arrangements for overnight accommodations.

5. You will need a driver, for travel to and from your evaluation.

Please ensure your driver does not leave until a "Plan of Care" is confirmed.

- 6. If Surgery is performed, you will need someone to stay with you overnight.
- 7. DO NOT eat or drink anything 8 hours prior to surgery.

(Surgery could possibly be scheduled 1-2 hours following your evaluation.)

Failure to comply with this requirement may result in the delay or postponement of your surgery.

8. On the day following surgery, plan on being seen again for a Post-Op evaluation. <u>Again, you will need a driver</u>. This evaluation allows our doctors to check your eye pressure and rule out any evidence of infection.

After your Post-Op evaluation, you can schedule future appointments at the clinic most convenient for you.

For Locations and Contact Information, please go to: <u>www.RetinaMN.com</u>