

Patient Instructions for Pre-Surgical Evaluation

Important Information About Your Urgent Evaluation

- 1. Based on your scheduled evaluation, your retina physician will determine if/when surgery is recommended. Forms of surgical care vary significantly so if surgery is recommended, your physician will review your specific surgical plan with you.
- 2. If surgery is recommended, the day and time will be communicated to you following your evaluation. Next, you will meet with a surgical coordinator who will review additional details including your insurance coverage, the location of your surgery, the recovery process, etc. Both the surgical facility and surgeon will be determined based on urgency.
- 3. Retinal surgeries require very specialized equipment in a sterile operating room and cannot be performed in the clinic where you will be evaluated.
- 4. All surgical facilities are located in the Minneapolis / St. Paul area. If you are traveling from outside the metro, you will need to make arrangements for overnight accommodations.
- 5. You will need a driver to and from your evaluation. You will also need to make plans to have someone stay with you overnight if surgery is performed.
- 6. It is important that you do not eat or drink anything 8 hours prior to surgery and surgery could possibly be scheduled within 1-2 hours following your evaluation. Failure to accommodate this requirement may result in the delay or postponement of surgery.
- 7. On the day following surgery, plan on being seen again for a post-op evaluation.

 Again, you will need a driver. This evaluation allows our doctors to check your eye pressure and rule out any evidence of infection. After this evaluation, you can schedule future appointments at the clinic most convenient for you.

Clinic Locations

- Blaine: 11091 Ulysses Street NE, Ste 200 Blaine 763-235-4104
- Duluth: United Health Care Bldg, 4316 Rice Lake Road, Ste 106 Duluth 218-625-5020
- Edina: Centennial Lakes Office Park, 3601 W 76th Street, Ste 300 Edina 952-929-1131
- St. Louis Park: XChange Medical Bldg, 6099 Wayzata Blvd, Ste 130
 St. Louis Park
 763-550-1002
- St. Cloud: Midsota Center, 3701 12th Street N, Ste 102 St. Cloud 320-654-8353
- Woodbury: 7115 Tamarack Road, Ste 100 Woodbury 651-361-8100
- Anoka: 2830 Cutters Grove Avenue Anoka 800-233-8504
- Maplewood: 2485 Maplewood Drive N, Ste 213 Maplewood 800-233-8504
- Mankato: 99 Navaho Avenue Mankato 800-233-8504
- Apple Valley: 14655 Galaxie Avenue, Second Flr Apple Valley 800-233-8504
- Baxter: 7636 Design Road, Ste 105 Baxter 800-233-8504
- Chaska: 1200 Chaska Creek Way, Ste 110 Chaska 800-233-8504
- Hutchinson: 1455 Montreal Street SE Hutchinson 800-233-8504

Call Toll-free: 800-877-2500 (formerly VitreoRetinal Surgery) or 800-233-8504 (formerly Retinal Center)