Born in Changsha, China, Dr. Tang immigrated with his family to Los Angeles, California at a young age and grew up in the suburbs of Philadelphia, Pennsylvania. His inspiration and passion for Ophthalmology was sparked while in undergraduate studies at the University of Pennsylvania when he worked in an Ophthalmology research laboratory. Afterwards, Dr. Tang headed down to Charleston, South Carolina to attended the Medical University of South Carolina where he was enrolled in the Medical Scientist Training Program and simultaneously obtained both Doctor of Medicine (M.D.) and a Doctor of Philosophy (Ph.D.) degrees, the latter of which was in neuroscience. His dissertation research evaluated the role of vitamin A metabolism in genetic diseases of the retina for which he was awarded numerous grants from the National Institutes of Health and the Research to Prevent Blindness foundation.

During his time in medical school, Dr. Tang was honored as a Presidential Scholar, received the Dean's Scholarship, and graduated with a Ph.D. with Distinction. This was followed by a one-year transitional internship at the Hennepin County Medical Center in downtown Minneapolis and then Ophthalmology residency training at the University of Minnesota. As a resident, Dr. Tang received the Resident Research Award from the Department of Ophthalmology, a research fellowship from the VitreoRetinal Surgery Foundation, and consecutive Resident Teaching Awards from the medical school for each year of his residency. He then returned to California to complete a clinical fellowship in Vitreoretinal Diseases and Surgery with a focus on Ocular Oncology at the Byers Eye Institute at the Stanford University School of Medicine in Palo Alto.

Dr. Tang joined VitreoRetinal Surgery in the summer of 2019 where he specializes in the treatment of retinal diseases and leads the ocular oncology service. Since 2021, he is also an Adjunct Assistant Professor of Ophthalmology within the Department of Ophthalmology & Visual Neurosciences at the University of Minnesota Medical School. He is fully board-certified as a diplomate of the American Board of Ophthalmology. Furthermore, Dr. Tang is an active member of the American Academy of Ophthalmology, the Association for Research in Vision and Ophthalmology, the American Society of Retinal Specialists, and the Minnesota Academy of Ophthalmology. He is also an editor and reviewer for numerous ophthalmic medical journals and publications.

Dr. Tang lives in South Minneapolis with his beautiful wife, adorable son, and rambunctious dog and cat. He is a tech and car enthusiast, and his hobbies include photography, running, cooking, and traveling.